



Personal Development Curriculum 2024 - 2025



Please speak to your PD teacher if you have any questions about your upcoming lessons

Lesson	Year 7	Year 8	Year 9	Year 10	Year 11
1	(A) British Values - Culture and Identity	(A) British Values - Culture and Identity	(A) British Values - Culture and Identity	(A) British Values - Culture and Identity	(A) British Values - Culture and Identity
2	The Importance of Laws and Rules	Understanding Good Behaviour	Tackling SEND Discrimination	Local Elections	(A) My Powerful Voice (Voting and General Elections and Sexual Pressure)
3	Taking Pride in My Work	We Say No to Racism	We Say No to Prejudice	(A) Tackling Hate Crime	(A) Volunteering
4	How to Use My Powerful Voice	Sexual Orientation	(A) Celebrating Pride	(A) The Equality Act 2010 and Employability	Further Education
5	The Equality Act 2010	Gender Identity	(A) Future Finances	Career Interests and Job Ideas	Revision Skills
6	(A) Stereotyping, Discrimination and Prejudice	(A) Why Can't Some People Access Education?	GCSE Options	Revision Skills	(A) Interview Preparation
7	(A) Anti-bullying	(A) Sexual Abuse and Harassment	(A) Future Careers	(A) Further Education	(A) Grief and Bereavement
8	Student Voice	Dealing with Conflict	(A) Online Grooming and Bullying	(A) Managing the Stress of School and Exams	Self-harm Prevention
9	(A) Staying Safe Online	(A) Student Voice	Sharing Sexual Images, Pornography and Body Image	Eating Disorders	Suicide Prevention
10	(A) Self Belief	(A) My Life Ambitions	County Lines - The Law	Managing Social Anxiety	(A) Cancer and Self-examination
11	(A) Careers and My Future	How Can I Become An Entrepreneur?	Extremist Groups	(A) Basic First Aid	(A) Peer Pressure (Drugs, Smoking and Alcohol)
12	(A) Family Relationships	(A) Saving and Managing My Money	(A) Student Voice	(A) Anti-social Behaviour, Knife Crime and Gangs	The Dark Web (Including Gambling and Pornography)
13	Healthy Relationships	(A) Healthy Relationships (on and offline)	(A) What is Love?	Student Voice	(A) Student Voice
14	(A) FGM (Female Genital Mutilation)	Managing Broken Relationships	My Body, My Choice	(A) My Digital Footprint and Online Safety	(A) Intimate and Sexual Relationships
15	(A) Understanding Puberty	(A) What is Contraception?	Teamwork and Communication Skills	(A) Consent	Consent, Rape and Sexual Harassment L1
16	Healthy Diet	(A) Periods and the Menstrual Cycle	(A) Understanding Safe Sex	Religion and Marriage	(A) Consent, Rape and Sexual Harassment L2
17	Active Lifestyle	Drugs - The Law	(A) The Dangers of Drugs	Toxic Relationships	
18	Mental Health	Smoking and Alcohol	Mental Health (How can I help someone?)	Domestic Abuse	
19	Understanding My Emotions	Mental Health - Anxiety and Depression	Understanding Self-harm	Understanding STIs	
20	(A) Hygiene and Germs - Including Vaccination and Dental Care	(A) What is 'Self Love'?	(A) Positive Thinking	(A) Parenthood	

(A) = Assessment

= Values

= Staying Safe

= Careers and My Future

= Relationships and Sex Education

= Health and Wellbeing