



Personal Development Curriculum 2023 - 2024



Please speak to your PD teacher if you have any questions about your upcoming lessons

Lesson	Year 7	Year 8	Year 9	Year 10	Year 11
1	(A) The Importance of Laws and Rules	(A) Understanding Good Behaviour	(A) Tackling SEND Discrimination	(A) Local Elections	(A) My Powerful Voice (Voting and General Elections and Sexual Pressure)
2	Taking Pride in My Work	We Say No to Racism	We Say No to Prejudism	Tackling Hate Crime	(A) British Values - Culture and Identity
3	How to Use My Powerful Voice	Sexual Orientation	Celebrating Pride	(A) British Values - Culture and Identity	(A) Volunteering
4	The Equality Act 2010	Gender Identity	(A) British Values - Culture and Identity	The Equality Act 2010 and Employability	Further Education
5	Stereotyping, Discrimination and Prejudice	Why Can't Some People Access Education?	(A) Future Finances	Career Interests and Job Ideas	Revision Skills
6	(A) British Values - Culture and Identity	(A) British Values - Culture and Identity	GCSE Options	Revision Skills	(A) Interview Preparation
7	(A) Anti-Bullying	(A) Sexual Abuse and Harassment	(A) Future Careers	Further Education	(A) Grief and Bereavement
8	Peer Pressure and Influence	Dealing with Conflict	(A) Online Grooming and Bullying	(A) Managing Stress of School and Exams	Self-Harm Prevention
9	(A) Staying Safe Online	(A) Causes and Effects of Cybercrime	Body Image	Eating Disorders	Suicide Prevention
10	(A) Self Belief	(A) My Life Ambitions	County Lines - The Law	Managing Social Anxiety	(A) Cancer and Self-Examination
11	(A) Careers and My Future	How Can I Become An Entrepreneur?	Extremist Groups	(A) Basic First Aid	(A) Peer Pressure (Drugs, Smoking and Alcohol)
12	(A) Family Relationships	(A) Saving and Managing My Money	(A) Sharing Sexual Images and Pornography	Anti-Social Behaviour	(A) The Dark Web (Including Gambling and Pornography)
13	Healthy Relationships	(A) Healthy Relationships (on and offline)	(A) What is Love?	Knife Crime and Gangs	(A) Intimate and Sexual Relationships
14	(A) FGM (Female Genital Mutilation)	Managing Broken Relationships	My Body, My Choice	(A) My Digital Footprint and Online Safety	Consent, Rape and Sexual Harassment L1
15	(A) Understanding Puberty	(A) What is Contraception?	Teamwork and Communication Skills	(A) Consent	(A) Consent, Rape and Sexual Harassment L2
16	Healthy Diet	(A) Periods and Menstrual Cycle	(A) Understanding Safe Sex	Religion and Marriage	
17	Active Lifestyle	Drugs - The Law	(A) The Dangers of Drugs	Toxic Relationships	
18	Mental Health	Smoking and Alcohol	Mental Health (How can I help someone?)	Domestic Abuse	
19	Understanding My Emotions	Mental Health - Anxiety and Depression	Understanding Self-harm	Understanding STIs	
20	(A) Hygiene and Germs - Including Vaccination and Dental Care	(A) What is 'Self Love'?	(A) Positive Thinking	(A) Parenthood	

(A) = Assessment

= Values

= Staying Safe

= Careers and My Future

= Relationships and Sex Education

= Health and Wellbeing